



## Dynamo Juniors

### YDP | Youth Development Program - Season 2021-22

#### Introduction to YDP

A special focus of the Dynamo Juniors is to ensure that dedicated and aspirational youth players at the club are offered the best possible training and game playing environment available in the State. The Dynamo Juniors Youth Development Program (YDP) has been created designed to guarantee the most talented and the most competitive U9 & U10 players at the club, boys and girls, have the opportunity to receive professional soccer programming without the increased responsibility of regular fees and without the commitment to travel.

#### What is YDP?

The Dynamo Juniors Youth Development Program (YDP) will offer a limited number of spots to those Dynamo Juniors youth soccer players who merit accelerated progression towards their soccer success. The Dynamo Juniors Youth Development Program (YDP) has been created for those passionate and gifted U9 & U10 players to continue the pathway from Southside Soccer Recreation Program and into the Dynamo Juniors 'Competitive | Foundation Phase' teams at U11 and then far beyond. The younger Dynamo Juniors players who are restless and ready for a more competitive soccer training and playing experience now have a platform to accomplish all desired dreams and objectives.

#### Is YDP for Me?

If you are an ambitious and motivated U9 & U10 Player who wants more professionalism, more structure and ultimately a higher level of challenge in your soccer training and matchday gameplay exposure then the Dynamo Juniors Youth Development Program (YDP) is absolutely something to carefully consider. The YDP is termed as a 'next-level' soccer coaching program that brings Louisiana's youth soccer players into line with the elite club, DA (Development Academy) and MLS Academy structure for youth development across US Soccer.

#### Key Concepts

- The Most Talented & Most Competitive u9 & u10 Players
- Boys & Girls - Birth Years 2013 (u9) & 2012 (u10)
- Professional Soccer Programming - Reduced Fees & Less Travel
- Limited Number of Placements



## **Professional Coaching & Training Culture**

The limited number of Dynamo Juniors Youth Development Program (YDP) players will receive Dynamo Juniors professional coaching 2 x 90minutes per training week.

Dynamo Juniors Youth Development Program (YDP) players will be coached under a 'team orientated' structure, split by age and gender. All players born in the same birth year will play on the same team, with same gender players. Any exception to a player that is 'playing up' must be requested to the club directors and the player must be of 'exceptional talent and coachable attitude'. Directors' decision is final and will not change throughout the duration of the soccer year.

Dynamo Juniors Youth Development Program (YDP) coaching staff will be assigned after player evaluations and team formations have taken place. Coaches will be evaluated by their coaching styles and interaction with players and assigned accordingly to teams or gender, age, and ability. All Dynamo Junior coaches have an abundance of knowledge to share | Listen > Learn > Improve at every chance.

Dynamo Juniors YDP training games will remain small-sided and focus significantly on the foundation 'Principles of Soccer', both in attack and in defense. In addition to these recognized principles, the 'Game's 4 Key Moments' are heavily studied and intensively coached. The Dynamo Juniors Tactical Training Series | 4-v-4 + Players will be the regular soccer coaching régime for YDP players. Occasional larger-sided situations are also available for training.

Dynamo Juniors Youth Development Program (YDP) players should expect to receive regular feedback based on levels of performance during training sessions and based on game influence. Feedback, evaluation, or status reports could take the form of verbal conversations, written evaluations or in-person scheduled meetings.

Dynamo Juniors Youth Development Program (YDP) selected players should expect soccer-specific 'homework' assignments, video analysis where possible and coach-to-player reports for continued player development reference.



## Professional Coaching & Training Culture

A proposed weekly calendar of the Fall & Spring YDP training schedule might be as follows; this schedule is open to amendment but gives some idea of what YDP players should expect from their weekly training.

### Season Fall & Spring

Tuesday	Wednesday	Thursday	Weekend (Fri/Sat/Sun)
Team Training	Bonus/Positional Training	Team Training	Games
5:30pm-7:00pm	5:30pm-7:00pm	5:30pm-7:00pm	5:30pm-7:00pm

Location - St. Julien Park, Broussard. 701 St. Nazaire Road, Broussard, LA 70518

Dynamo Juniors Youth Development Program (YDP) will play games every weekend during the Fall and then the Spring season. YDP teams will participate, but not exclusively or restricted to, the following.

- Local (Lafayette Area) Tournaments/Jamborees
- Louisiana Soccer Academy Program (LSAP) events
- Intra-squad scrimmages
- In-house scrimmages with Dynamo or Southside teams
- Scrimmages against external teams from similar programs

Any tournament schedule and/or jamboree schedule is not in the control of the Dynamo Juniors and is therefore open to change.

All referenced schedules are subject to change and at short notice due to weather, field conditions, health and safety issues, coaching schedules, or referee availability.

### Key Concepts

- Professional Coaching 2 x 90mins
- Boys & Girls Separated into Birth Year Teams | Unless Player Development Driven
- Coaching Staff assigned appropriately
- Expect Feedback & Homework



### **Program Matchday Gameplay Culture**

Dynamo Juniors Youth Development Program (YDP) players will not be asked to travel far to experience excellent, professional quality gameplay coaching. The vast majority of the necessary matchday learning can be carried out on local (Lafayette area) fields and soccer complexes. A significant number of the Dynamo Juniors Youth Development Program (YDP) matchday games will be home games played at a regular local field location and played at a regular and consistent time where possible.

Dynamo Juniors Youth Development Program (YDP) players will experience 'in-house' intra Dynamo Juniors YDP games. Dynamo Juniors training games and the YDP 'Scenario Training Game Concept' will allow reliable competitive soccer to be played in favor of player development versus just playing against unregulated opposition which can often have little value.

YDP 'Scenario Training Game Concept' will suggest that different conditions are imposed on the playing environment or that distinctive conditions are imposed on the players to either increase the likelihood of a soccer-specific behavior or to simulate/recreate a soccer-specific situation (scenario). 'Conditioned Small-Sided Games' and these 'Scenario Training Games' will maximize teaching time between the outstanding Dynamo Juniors YDP coaches and the players throughout functional gameplay. These 'Conditioned Small-Sided Games' and 'Scenario Training Games' will not require State legislation or external referees, meaningfully reducing cost and travel time to the benefit of the YDP Dynamo Juniors family.

In addition to this referenced gameplay schedule Dynamo Juniors Youth Development Program (YDP) players will participate in the Louisiana Soccer Academy Program (LSAP) with other clubs across the state who are also part of the LSAP. The Program brings together the teams of age at events across the state and clubs can choose from several events which to attend. Dynamo Juniors YDP teams will attend LSAP events as local as possible to the Lafayette area.

LSAP events are run either alongside a competitive tournament (U11-U19) or independently on their own. These events will follow the same structure consisting of a 2-game jamboree format, played on a Sunday. Game schedules are determined by the hosting club and will vary depending on the fields available, referees and time slots open at the tournament/jamboree.



## **Matchday Gameplay Culture**

### ***Dynamo Day, Houston Tournaments & ID Events***

As part of the continued Houston Dynamo & Houston Dash affiliation, the player development pathway will ensure that Dynamo Juniors Youth Development Program (YDP) players will have priority access to programs, initiatives and events hosted at and supported by Houston. Such Houston initiatives included but are not limited to...

### ***Dynamo Day***

A club-wide family excursion to Houston to play scrimmage games against local teams and Dynamo players in Houston. Followed by stadium entry to watch the pro first teams play back-to-back in their respective leagues MLS & NWSL

### ***Skill Builders***

An initiative started by Houston Dynamo Academy in conjunction with Tom Byer's "Soccer Starts At Home" program. The emphasis is on the technical exploration by players themselves in an at-home setting, while guided by staff the players use exercises as a base before using their own creativity to explore new tricks, increase the level of difficulty and eventually become comfortable with the ball.

### ***Houston Tournaments***

Privileged invitation to participate in elite team tournaments hosted in Houston

### ***ID Events***

Regular opportunity for the most talented players to attend ID Events with the Academy teams

### **Key Concepts**

- Intra Dynamo Juniors YDP games | Hometown Fields
- Scenario Training Game Concept
- Conditioned Small-Sided Games | 4-v-4 + Players
- Selected Tournament & Jamboree Events | Home & Away



## Curriculum & Session Planning

The Dynamo Juniors Youth Development Program (YDP) curriculum has been designed specifically for this project by the most certified Dynamo Juniors coaches within the leadership group and signed off emphatically by Houston Dynamo & Houston Dash; ensuring that only regarded contemporary professional coaching concepts will drive players towards soccer success.

Each 90minute training session focuses heavily on coaching the ‘Principles of Soccer’, both prominently in attack and in defense, while teaching essential tactical concepts through the ‘Game’s 4 Key Moments’.

YDP training sessions follow a trusted coaching methodology compelling every Dynamo Juniors player to work through a ‘Simple to Complex’ progressive process allowing players to grasp vital soccer concepts along their journey.

The vast majority of Dynamo Juniors Youth Development Program (YDP) training sessions will adhere to the following coaching methodology...

TRAINING STAGE	INVOLVEMENT	TIME
Warm Up & Activation	Ball Mastery & SAQ - Arrival & Homework	10mins
Technical Training	High Repetition - Low Pressure	15mins
Game Related Practice	Skill Development	15mins
Game Specific Practice	Conditioned Small-Sided Game (SSG)	35mins
Free Play	Scrimmage	15mins
Cool Down & De-Activation	Analysis & Review - Depart & Homework	10mins

*“In the model of other top professional academies around the world, geographic training and development centers will help greatly reduce travel time and expense for our families. It would provide a capacity for motivated and talented players to experience an elite and professional player pathway. We couldn’t be more excited.”* Paul Holocher, Houston Dynamo, Academy Director

YDP Coach Education Program & Continued Professional Development (CPD) |

Each Dynamo Juniors Youth Development Program (YDP) staff coach will run through an extensive and continuous Coach Education Program of ‘Education > Preparation > Implementation > Evaluation’ under the guidance of the YDP director.

### Key Concepts

- Exclusively Designed Development Curriculum
- Professional Coaching Methodology
- YDP Coach Education Program
- Houston Approved | MLS & NWSL



## **Proposed YDP Schedule**

The Dynamo Juniors Youth Development Program (YDP) schedule will follow the proposed calendar, though this is subject to change. The ambition of YDP is to create a regular training schedule and regular matchday gameplay schedule for maximum convenience to the Dynamo Juniors players selected for the program.

### *Fall | August - October*

Regular practices through the week and games on weekends. Schedules are created during each “off-season” by coaching staff and directors.

### *Winter | November - January*

During the Winter ‘off-season’ period Dynamo Juniors offer all club members opportunity to keep training outside of YDP schedule through the club’s free-of-charge training sessions. Weekly training sessions are provided by the Dynamo Juniors for all those players looking to remain activity and engaged through the holiday season. Dates, times, and locations will be released by the club towards the end of the Fall season.

### *Spring | February - April*

Regular practices through the week and games on weekends. Schedules are created during each “off-season” by coaching staff and directors. Additionally, tryouts and player evaluations will take place at the end of April for the following Fall. Players will be evaluated and placed according to ability and age.

### *Summer | May - July*

Through the Summer period current YDP players and players added after player evaluations will be able to experience a variety of age-appropriate soccer camps and clinics delivered by Dynamo Juniors and invited guest coaches. Full details of these additional training opportunities will be released towards the end of the Spring season.

### *Attendance Policy*

Attendance at all the Dynamo Juniors Youth Development Program (YDP) Fall & Spring Season schedule is necessary to achieve the best possible developmental results. Attendance is massively important so that YDP players do not miss out on any of the vital developmental information shared through the curriculum; training sessions are connected to each other and connected to the gameplay at weekend events. It is advised that full commitment to the program is recognized. Any missed training sessions or gameplay events can hinder the development of players by missing vital lessons and ideas behind the way that players and teams play. As a youth sports organization, Dynamo Juniors understands that many athletes are ‘multi-sports’ meaning that they play a variety of sports depending on the season. Although we expect full commitment from players to soccer and the YDP, players will not be punished or excluded from games, training or events if they are absent due to another sporting event.

Guest / trial players will be invited to attend the YDP on regular occasions; guest and trail players should be welcomed as teammates.



Dynamo Juniors Youth Development Program (YDP) players will be expected to demonstrate full commitment and maximum effort in the pursuit of excellence regardless of which team you are assigned. Sometimes your preferences or favorite options might not be available to you, However, the pursuit of excellences should not be compromised.

#### Key Concepts

- Annual Soccer Calendar
- Defined Seasons
- Out of Season Soccer Programming | Free-of-Charge
- Summer Soccer

#### **Coaching Staff & Program Director**

The Dynamo Juniors Youth Development Program (YDP) coaching staff have been hand selected for this project to ensure relentless player development, training stability and continuity throughout the seasons.

#### *Youth Development Program (YDP) Directors*

The Dynamo Juniors Youth Development Program (YDP) will be overseen by the experienced directorship at the club, including Joan Olivia and CJ Murison.

#### **Program Fees**

*Youth Development Program - \$750.00*

This fee covers, but is not limited to

- ~24 Weeks of Training - 90mins x 2 per week
- ~24 Weekends of Gameplay
- Fall Season & Spring Season
- Winter Training
- Pre-Season Camp
- State Registration & Insurance
- Coaches Salary
- Coaches Travel Expenses

*Uniform - TBD*

All purchased online through Soccer.com | 2-year cycle starting from 2021 - 23

All travel expenses are an additional cost and are not covered by the club.





## **Player Evaluation & Placement Process**

Players interested in the Dynamo Juniors Youth Development Program (YDP) have two available options open to them. As the YDP is both limited in number and by selection only prospective players will need to attend a 'Player Identification & Placement' event.

### *Player Evaluations & Evaluation Request*

All players are invited to join our Player Evaluations. These take place at the same time as our U11-U13 Player Placement Tryouts for our Competitive Classic League Teams. Dynamo staff evaluate players through a series of technical exercises and small-sided games.

Alternatively, players can request to be evaluated after the scheduled YDP 'Player Evaluation' event and will be invited by the YDP coaching staff to attend an age-appropriate Dynamo Juniors training session.

Once accepted into the YDP, players and families are agreeing to a one-year commitment. If a player is to voluntarily withdraw from the program after the commencement of the Fall season, all fees are non-refundable. Club Registration to LSA for the player will be kept by the club until the following seasonal year. Only in exceptional circumstances should a player receive their paid fees and registration back.

## **Contact**

Executive Director: - Kevin Mooney

Email | [dynamojuniors@yahoo.com](mailto:dynamojuniors@yahoo.com)

Text & Phone # | 337 277 0325

Technical & Coaching Director: - Joan Oliva

Email | [joliva@DynamoJuniors.com](mailto:joliva@DynamoJuniors.com)

Text & Phone # | 337 654-5117